



Charlie Crist  
Governor

Ana M. Viamonte Ros, M.D., M.P.H..  
State Surgeon General

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NEWS MEDIA ONLY: TIM O'CONNOR  
561-671-4013

### **H1N1 FLU UPDATE PALM BEACH COUNTY**

PALM BEACH COUNTY, FL— The Palm Beach County Health Department has now received a sufficient supply of H1N1 vaccine to ensure vaccine distribution and availability to all Palm Beach County residents, regardless of age.

H1N1 vaccine is being currently distributed to private physician offices, clinics, and walk in medical service providers. Call your provider directly for availability.

Palm Beach County Health Department Director Alina Alonso, M.D. says, "The Palm Beach County Health Department is pleased to now make the H1N1 vaccine available to as many residents as possible, and I want to personally thank everyone for their patience in allowing those most at risk to receive priority of the initial limited vaccine supply. This pandemic continues to threaten the health and welfare of our community as Flu Season traditionally peaks in January and February, so it's important for everyone to get vaccinated."

The Palm Beach County Health Department continues to make the H1N1 vaccine available at no charge through our health centers in Delray Beach, Lantana, West Palm Beach, Riviera Beach and Belle Glade by appointment and on a limited availability walk-in basis. Also **FREE** public vaccination clinics are scheduled throughout our community on a first come first served basis, where the vaccine is administered at no cost. Palm Beach County Residents are being offered the "mist" version of the H1N1 vaccine that is appropriate for healthy children 2 years and older and healthy adults up to age 49 and the "injectable" version for babies 6 months to 2 years of age, pregnant or breast feeding women, adults over 50, and people with chronic health conditions. Information on the Palm Beach County Health Department Vaccination Outreach locations and appointments at our Health Centers are available by calling our toll-free Palm Beach County Flu Information line at **1-888-411-4FLU (4358)** or visiting our website at [www.FightFluFlorida.com](http://www.FightFluFlorida.com).

***As always, practice flu prevention:***

- **Avoid close contact with people who are coughing or otherwise appear ill.**
- **Avoid touching your eyes, nose and mouth.**
- **Cover your cough and sneezes**
- **Wash hands or use hand sanitizers frequently to lessen the spread of respiratory illness.**
- **Stay home if you are sick.**
- **Get Vaccinated!**



PBCHD Director Alina Alonso, M.D.  
Post office Box 29 / 800 Clematis Street, West Palm Beach, FL 33402  
[www.pbchd.com](http://www.pbchd.com)